

WB 8.6 — Blank Repair Protocol

Use with Chapter 9 (The Repair) in the manual, Chapter 8 in *Shoulder the Bill*.

Reproducible template — photocopy this page and reuse as often as you need.

Purpose One rupture, one page. Repair is a strength, not an admission of weakness, and it is done once per rupture.

How to use this page

When: Use when a rupture is unresolved and you can name your own part without defending it.

Done when: You have named your part, the impact on the other person, and one repair action with the time you will do it.

Anchor Phrase: *'Repair is part of strength.'*

Loop stage: Act → Connect → Recover

What happened, and my part in it:

The impact on the other person:

My repair action, and when I will do it:

What I learned for next time:

☐ Self-Reward Loop completed